



## Jardim das Crianças de Maputo – Políticas 2024

### “Let them Play””

*Jardim Das Crianças (JCM) uses a play-based approach and activities for its early childhood development program. The program builds gross motor skills, fine motor skills, self-confidence, logic, language, self-regulation, social intelligence, emotional intelligence and love of lifelong learning. Focusing on play-based learning in the early years leads to greater confidence, better health, greater happiness, and better academic performance.*

*Jardim das Crianças (JCM) offers a bilingual (English and Portuguese) program for early childhood development and a Kindergarten for children aged 1 to 6 years which:*

- *focuses on the whole child, including their physical, emotional, social and mental development*
- *adapts attention and learning to the individual needs of each child*
- *provides a safe, child-friendly, environment that encourages exploration, independence, creativity, curiosity, discovery, and problem solving*
- *gives children the tools they need to become lifelong learners*
- *celebrates individuality and embraces diversity*
- *gives children ample opportunities to explore their strengths and interests at their own pace*
- *offers a diverse indoor and outdoor environment with a broad range of daily activities and experiences that are important for healthy development, school readiness and lifelong success.*

## **I. Personal effects**

Please provide the following for your child each day.

- Morning snack
- Full water bottle
- Mosquito spray and sunscreen to leave at school labeled with your child's name (for days when it is required)
- At least two changes of clothing (three changes for children under 3 years), more on rainy days
- Diapers and wipes (if required)
- Milk, formula, infant cereal, yogurt and any other special dietary requirements outside of the normal school menu
- Bib (if required, durable and washable)
- If attending full day, a cotton sleep sack (children under 2 years) or small blanket (children 2- 5 years)
- Special personal care products required by the child
- Raincoat (if required on rainy days)
- Please also supply at the start of term the following:
- An oversized t-shirt for use as a painting smock

***Please apply sunscreen and insect repellent (if required) before dropping off your child at school***

## **II. Clothing**

- Your child should attend the center in simple, practical clothing
- No jewelry (bracelets, necklaces) will be allowed unless required for medical reasons. Earrings, if worn, must be small.
- Your child will get messy from both outdoor play (climbing, digging) and indoor play (art, painting), and their clothing will get dirty so dress them appropriately and please include 2-3 changes of clothing daily in the event it is required.

## **III. Drop off and pick up**

- Parents/guardians must sign your child in at the time of drop off and sign your child out at the time of pick up.
- For your child's security, only persons designated by the parents in advance in writing will be allowed to pick up your child. Personal identification will be required at the time of pick up.

## **IV. Absences and early pick up/late drop off**

- Parents are asked to inform the director by telephone or email if their child will be absent (whether planned or not) due to sickness, travel or other reasons.
- Parents are asked to inform the director by telephone or email if their child will be dropped off late (after 9am) or picked up early (before 11:30am for half day or before 3:30pm for full day).

## **V. Snacks and lunch**

- Children will bring a morning snack from home. All snacks should be healthy and appropriate for the age of the child. No chips, candy, juice, sugar beverages or other sweets please. Please also be aware of snacks that are potential choking hazards and avoid sending these.
- Children will bring a bottle filled with water from home which will be refilled with bottled water throughout the day.
- Children attending the full day programme will be provided with lunch and an afternoon snack. If parents wish to provide lunch and afternoon snacks for their child they are welcome to do so, please discuss this with the director. In such cases, all food should be healthy and reflect the nutritional standards of the playschool.
- Parents should inform the director if their child has any dietary restrictions or allergies and we will try to accommodate each child's dietary needs.

## **VI. Medical declaration**

- Copies of your child's vaccination record must be provided at the time of registration and updated regularly.
- Parents must inform Jardim das Crianças of any medical conditions (acute or chronic) that we should be aware of, including allergies.
- Please also include any allergies or other medical information that might be relevant in the event of an emergency requiring medical treatment by Medievac or hospital doctors (see below).

## **VII. Sickness and medication**

- Children should only attend JCM when, to the best of the parent's knowledge, the child is healthy and feeling well.
- Children should not attend the JCM if they show any of the following signs of illness: fever, diarrhea, vomiting, conjunctivitis, flu, ringworm, rash, chicken pox, impetigo

or any other type of contagious illness.

- In addition, the following applies in the case of sickness:

- **Raised temperature or fever** – children with a temperature at or above 37.5°C should remain at home and should wait at least 24 hours after the temperature subsides before attending again.

- **Vomiting and/or diarrhea** – children should wait 48 hours after vomiting and/or diarrhea disappears before attending again.

- **A rash** – children should wait 24 hours after the rash disappears before attending again as this could be the first sign of an infection like chickenpox or measles.

- **Other signs of a contagious illness** – children should wait 24 hours after symptoms disappear before attending again.

- **Antibiotics** – Children should wait 48 hours after the first dose of antibiotic before attending again. - No medication will be given to children at school, except under exceptional circumstances at the discretion of the director.

### **VIII. Accidents and emergencies**

- Minor accidents and incidents will be treated at JCM according to standard first aid practices which shall be authorized by parents in the signed medical declaration.

- Parents will be informed upon departure in case of minor injuries or, if necessary, by telephone at the time of the incident.

- In the event of an emergency Medievac emergency services and its trained medical professionals will be called to administer emergency medical treatment to a child and transport him/her to hospital in the event of an emergency.

- It is the responsibility of the parents to always be contactable and available in case of emergency. If for any reason you are not contactable or available, then the person identified as your emergency contact should be contactable and available.

- In the event that a parent cannot be reached during an emergency, a child will be taken to the hospital deemed most appropriate by Medievac medical professionals.

- In case the family decides to transfer a child to a medical center in Nelspruit, Medievac informs us that first response is required in Maputo in order to

stabilize the patient and obtain a medical report in order to be able to travel to South Africa. Transport to Nelspruit requires that the child be accompanied by the parents and requires the passports of all travelers (child and family). It is not possible for a child to travel without a parent or guardian. In order to be treated in Nelspruit it is also necessary to have made prior contact with a doctor at an emergency medical facility there.

JCM - Schools maintains a much more comprehensive Parent Handbook that can be provided to parents upon request.